

**THE MILLION DOLLAR MORNING
28-DAY CHALLENGE**

#MDM28

TAKE THE NEXT 28 DAYS TO ACCELERATE YOUR SUCCESS IN EVERY AREA OF YOUR LIFE BY GETTING EACH DAY OFF TO A GREAT START!

DAY 1 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 2 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 3 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 4 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 5 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 6 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 7 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL
DAY 8 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 9 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 10 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 11 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 12 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 13 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 14 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL
DAY 15 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 16 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 17 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 18 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 19 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 20 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 21 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL
DAY 22 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 23 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 24 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 25 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 26 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 27 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL	DAY 28 UP @ _____ <input type="checkbox"/> MEDITATE <input type="checkbox"/> VISUALIZE <input type="checkbox"/> PLAN <input type="checkbox"/> EXERCISE <input type="checkbox"/> FUEL

SET UP YOUR MILLION DOLLAR MORNING THE NIGHT BEFORE:

- REVIEW
- CELEBRATE
- RELAX
- SLEEP

BED TIME: _____

I WILL GET UP AT _____ EACH DAY BECAUSE I WANT TO:

- _____
- _____
- _____
- _____
- _____